

## **Around the World in Seedy Ways; Heirloom Seeds for Cool, Short Season Climates**

Lisa Taylor, Garden Speaker / Educator / Author / Consultant  
Author of *Your Farm in the City, Maritime Northwest Garden Guide*  
[www.gardenwithlisa.com](http://www.gardenwithlisa.com)

Objectives: Introduce you to new seeds and their stories.  
Identify crops to seek out and seed houses to explore.

### **What is open-pollinated, heirloom, hybrid and GMO seed?**

(OP) Open-pollination is pollination by insects, birds, wind, or other natural mechanisms. The seeds of open-pollinated plants will produce new generations of plants that are identical to the parent.

Heirloom is open-pollinated seed that has been saved and passed down for 40 or more years.

(F1) Hybrid seed is seed produced by artificially cross-pollinated two parent plants. Hybrid seed cannot be saved, as the seed from the first generation of hybrid plants does not reliably produce true copies.

GMO seed has had its genetic material altered using genetic engineering. Roundup ready crops such as corn or soybeans have been engineered in a lab to resist dying after being sprayed with the herbicide roundup.

### **What Crops to Seek Out**

- Cool Season – Asian Greens, heat resistant varieties
- Long Season – 85 days or longer
- Warm Season and Tender crops
- Our most difficult to grow crops – nightshades, squash, dry beans, melons

### **Seed Houses to Seek Out**

Regionally located

Farmer grown or in cooperation/network

Safe Seed Pledge, public domain seeds

Harsher climates nearby, especially with elevation, short frost-free period – Intermountain West, Southern Oregon/Northern California

**Kitazawa Seed Company** [www.kitazawaseed.com](http://www.kitazawaseed.com) Salt Lake City, UT

Tatsoi, 40-50 days, China

Burdock, Salada Musume, Japan

Snap Peas, Taichung 13, Taichung Dist. Taiwan

**Deep Harvest Seeds** <https://deepharvestfarm.com> Whidbey Island, WA

Carrot, Longue Rouge Sang, 65 days, France 1897

Radish, D'Avignon, 25 days, France

Winter Squash, Burgess Buttercup, 90 days, Illinois 1932

**Uprising Seeds** <https://uprisingorganics.com/> Bellingham, WA

Carrot, Tonda Di Parigi, 65 days, France

Ground Cherry, Aunt Molly's, Poland – og high altitude Central/South America

Lettuce, Flashy Trout's Back / Forellenschluss, Austria

**Siskiyou Seeds** <https://www.siskiyouseeds.com/> Williams, OR

Pepper, Paprika Alma, small sweet pepper, Hungary

Summer Squash, Tromboncino, Italy

Dry Pole Bean, Pepe de Rolo, Portugal

Corn, Montana Morado Maise, 90-100 days, Peru

**Seeds Trust / High Altitude Garden** [www.seedstrust.com](http://www.seedstrust.com) Grand Junction, CO

Siberian Tomatoes (days from transplant)

Market Miracle, 65 days, Det, 8-12 oz

Siberian, 59 days, Indet, 3-4oz, the og Siberian Tomato

Glacier, 55 days, Det, 2-3 oz

**Snake River Seed Cooperative** <https://snakeriverseeds.com> ??Boise, IDRetail locations <https://snakeriverseeds.com/pages/find-our-seeds>

Cucumber, Lemon, India-Middle East, 1894

Pepper, Antohi Romanian, touring acrobat Jan Antohi, 1991

Melon, Oka, La Trappe Monistary, Quebec, 1912

**Books***Maritime Northwest Garden Guide, 2<sup>nd</sup> ed.* by Lisa Taylor, 2014.*Your Farm in the City*, by Lisa Taylor, 2011.*Living with Wildlife in the Pacific Northwest*, Russell Link, 2004*Growing Vegetables West of the Cascades*, Steve Solomon, 2007.*The Ruth Stout No-Work Garden Book: Secrets of the year-round mulch method*,

Ruth Stout, 1973

*Edible Landscaping*, Rosalind Creasy, 2010*Winter Gardening in the Maritime Northwest*, Binda Colebrook, 2013**Supplies**A. M. Leonard, Horticulture Tool Supply Co., [www.amleo.com](http://www.amleo.com)Grower's Nursery Supply, <https://growers-inc.com>Lee Valley Tools, [www.leevalley.com](http://www.leevalley.com)Peaceful Valley Farm Supply, [www.GrowOrganic.com](http://www.GrowOrganic.com)

### **Mostly PNW Regional Seed Companies (big list)**

Adaptive Seeds [www.adaptiveseeds.com](http://www.adaptiveseeds.com)  
 Baker Creek Heirloom Seeds / Rare Seeds <https://www.rareseeds.com/>  
 Botanical Interests <https://www.botanicalinterests.com>  
 Breck's Bulbs <https://www.brecks.com>  
 Brent and Becky's Bulbs <https://brentandbeckysbulbs.com>  
 Deep Harvest Seeds [www.deepharvestfarm.com](http://www.deepharvestfarm.com)  
 Ed Hume Seeds [www.humeseeds.com](http://www.humeseeds.com)  
 Fedco Seeds (ME) [www.fedcoseeds.com](http://www.fedcoseeds.com)  
 Filaree Garlic Farm [www.filareefarm.com](http://www.filareefarm.com)  
 High Mowing Organic Seeds.com (VT) [www.highmowingseeds.com](http://www.highmowingseeds.com)  
 Irish Eyes Garden Seeds [www.irisheyesgardenseeds.com](http://www.irisheyesgardenseeds.com)  
 Johnny's Selected Seeds [www.johnnyseeds.com](http://www.johnnyseeds.com)  
 Kitazawa Seed Company [www.kitazawaseed.com](http://www.kitazawaseed.com)  
 Nichols Garden Nursery [www.nicholsgardennursery.com](http://www.nicholsgardennursery.com)  
 Peace Seedlings <http://peaceseedlingsseeds.blogspot.com/>  
 Peaceful Valley Farm & Garden Supply [www.groworganic.com](http://www.groworganic.com)  
 Park Seeds <https://parkseed.com>  
 Pinetree Garden Seeds <https://www.superseeds.com/>  
 Renee's Garden [www.reneesgarden.com](http://www.reneesgarden.com)  
 Salt Spring Seeds (BC) [www.saltspringseeds.com](http://www.saltspringseeds.com)  
 Seed Savers Exchange (IA) [www.seedsavers.org](http://www.seedsavers.org)  
 Seeds Trust / High Altitude Gardens (CO) [www.seedstrust.com](http://www.seedstrust.com)  
 Seattle Seed Company [www.seattleseed.com](http://www.seattleseed.com)  
 Siskiyou Seeds [www.siskiyouseeds.com](http://www.siskiyouseeds.com)  
 Snake River Seed Cooperative (ID) [www.snakeriverseeds.com](http://www.snakeriverseeds.com)  
 Strictly Medicinal Seeds <https://strictlymedicinalseeds.com>  
 Southern Exposure Seed Exchange <https://www.southernexposure.com>  
 Sow True Seeds <https://sowtrueseed.com>  
 Territorial Seed Company [www.territorialseed.com](http://www.territorialseed.com)  
 The Thyme Garden <https://www.thymegarden.com/>  
 Tomato Growers Supply <https://tomatogrowers.com>  
 True Leaf Market <https://www.trueleafmarket.com>  
 Uprising Seeds [www.uprisingorganics.com](http://www.uprisingorganics.com)  
 Victory Seed Company [www.victoryseeds.com](http://www.victoryseeds.com)  
 West Coast Seeds (BC) [www.westcoastseeds.com](http://www.westcoastseeds.com)  
 Wild Garden Seed [www.wildgardenseed.com](http://www.wildgardenseed.com)

### **Mail Order Nurseries Specializing in Edible Trees, Shrubs and Vines (PNW)**

Burnt Ridge Nursery and Orchards, Onalaska, WA [www.burntridgenursery.com](http://www.burntridgenursery.com)  
<https://www.burntridgenursery.com/inforequest.asp>  
 One Green World, Portland, OR [www.onegreenworld.com](http://www.onegreenworld.com)  
<https://onegreenworld.com/product/catalog/>  
 Raintree Nursery, Morton, WA [www.raintreenursery.com](http://www.raintreenursery.com)